

# COMMON SIGNS OF ADDICTION IN TEENS

The National Institute on Drug Abuse (NIDA) reports that 70 percent of teens have tried alcohol by their senior year in high school, 50 percent have abused an illegal drug, 40 percent have smoked a cigarette, and 20 percent have used a prescription drug recreationally.



## MOOD SWINGS

While common in teens, addicts are prone to mood swings when being under the influence.



## DEPRESSION

Many individuals can fall into a deep depression by their situation.



## EUPHORIA

Most drugs induce a state of high Euphoria, making the user seem elated at socially unacceptable times.



## CRIMINAL BEHAVIOUR

Addiction can be so strong that users will do anything to get more, often resulting in crime to fund.



## SLEEPLESSNESS

Stimulants make sleep difficult, while dependencies on certain drugs can be relied upon to aid sleeping.



## UNEXPLAINED ABSENCES

Addictions are often kept secret from loved ones or co-workers, with interaction avoided.

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## ANXIETY

Almost every addiction causes user anxiety to make it the hallmark symptom. It can range from anxiousness over the next "fix", financial pressures, keeping it secret, or by the drug itself.



## ADDICTION CRAVINGS

Regardless of the subject of the addiction, cravings for the next "fix" can be unbearable causing personality changes.



## CHANGE IN APPEARANCE

Some drugs can have a diplating effect on the users body, either through weight gain or emaciaption.



## NEW SOCIAL GROUP

Addicts tend to hang around with people with similar addictions, and close friends who do not approve shunned.



SOURCES: [https://teens.drugabuse.gov/sites/default/files/podata\\_1\\_17\\_14\\_0.pdf](https://teens.drugabuse.gov/sites/default/files/podata_1_17_14_0.pdf)

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